



**Gymnastics**  
Australian Capital Territory

# Annual Report

# 2010

# President's & Executive Directors Report

# Annual Report 2010

## **Management**

The triennial funding requirements necessary for the ACT Government were successfully met, therefore ensuring that funding will continue for 2012. On behalf of Gymnastics ACT, we would like to thank the sport and recreation case managers for their assistance during 2010.

Succession planning for the organisation was established in 2009 and continued during 2010 with Mary Schumacher accepting the role of Executive Director. Mary began working in the GACT office during 2010 and will assume the role of Executive Director in early 2011.

As Nadine's 25 year tenure as Executive Director draws to a close, she will continue to liaise with Mary during 2011 in order to assist in a smooth transition and also to provide support for MG National Championships and WG National Clubs.

## **Sport**

The details of our notable achievements are detailed in the sport specific reports; however we would like to highlight the following:

James Bacueti National Champion at Level 8 Open, James was also selected in the Men's Level 8 open Australian team in the Trans Tasman Challenge

We would also like to take this opportunity to personally thank each of our Sports Technical Directors, Judging Co-ordinators, Medical Volunteers and Management Committees. These dedicated volunteers continue to provide the support needed to enable GACT to maintain our service to members.

## **Clubs**

2010 saw our numbers of registered gymnasts continue to grow with over 3500 registered members.

The clubs continue to provide quality venues and gymnastics programs for their members.

The ACT member clubs continued to provide support and assistance to GACT during 2010 - they provided the use of their venues for the events and education courses held during the year and they also provided the volunteers needed to host the many events and courses conducted.

During 2010 Canberra City, Southern Canberra and Woden Valley had major capital works performed at their venues, the floor space at these clubs has seen considerable expansion.

To all of the member clubs and volunteers our sincere thanks for your continued support during 2010.



Gymnastics  
Australian Capital Territory

# Annual Report 2010

## President's & Executive Directors Report

### President's/Executive Directors Report Con't

#### Events

The 2010 WG National Clubs was the largest event in its history with over 750 participants; GACT continued its sponsorship with Dreamlight USA and AMCO Gymnastics. The event moved to a new level with this sponsorship as it provided the gymnasts with event apparel and ensured a financial success for GACT and its member clubs.

Once again we were fortunate to have the owners of Dreamlight, James and Annette Harvey attend the event, their presence was a real highlight for the organisers and participants.

#### Major Highlights

Major highlights in 2010 include the following:

- Triennial funding maintained
- WG National Clubs
- National Championships results
- Venue upgrades for ACT clubs
- Appointment of new Executive Director

*Tony Davidson*  
President

*Nadine Weight*  
Executive Director

**“Gymnastics – more than sport; a foundation for life.”**



Gymnastics Australia  
Men's Artistic Gymnastics

# Annual Report 2010

# Gymsport Reports

## Men's Gymnastics

### Numbers



Men's Gymnastics (MG) in the ACT now has a strong base with increased numbers competing in the lower levels at State competitions through out the year in both recreational and National Levels streams. This culminated with 20 boys representing the ACT at National Championships in July at the AIS Arena.

Two of the three Clubs with boys' squads also took teams away to participate in major inter-State competitions.

### Courses

With the finalisation of the writing of new judging courses following the introduction of a new FIG Code of Points and an Australian internal revision of the National Levels Program, we were required to up-date all our accredited judges and conduct courses for potential new judges. The ACT conducted four courses early in the year with 4 people successfully completing the Beginner Course, 15 successfully doing the Intermediate Course; 11 successful at the Intermediate Bronze Course and 7 successful with the Advanced Course. Sue Morton was the only ACT candidate for the Advanced Silver Course and was one of only three successful candidates in Australia.

6 candidates completed the MG component of the Level 1 Coaches' Course conducted in February 2010. With the growing number of boys participating in gymnastics it is pleasing to see a continuing increase in male coaches in all three Clubs.

### State Competitions

The number of boys participating in the two recreational ACT Levels Program (ALP) competitions dropped from last year. However, it appears that more boys are leaving the recreational program to participate in the more competitive National Levels Program. This is potentially a good thing as they become more involved, stay in the sport longer and, by staying longer, make a more active contribution to their Club. It also means that they are more likely to earn the right to compete for the ACT.

### ACT Senior National Levels Competitions

Senior MG National Levels gymnasts from Canberra City Gymnastics Club (CCGC), Southern Canberra Gymnastics Club (SCGC) and Woden Valley Gymnastics Club (WVGC) competed at two trials conducted at WVGC and competed in a combined MG and WG at ACT State Championships conducted at the AIS Training Gymnasium. This has proven to be a highly successful program for selecting State representatives, even though spectator seating at all venues is limited because they are primarily training venues.

Jordan Read from WVGC was named the 2010 ACT Men's Gymnasts of the Year. This is the second time that he has won this award.



Gymnastics Australia  
Men's Artistic Gymnastics

# Gymsport Reports

## Men's Report Con't

### Australian National Championships

The ACT Team, selected from the results of the two Trials and State Championships consisted of five Level 6 (Under 12) gymnasts, a Team of six Level 7 (Open) gymnasts, all from WVGC, three Level 7 (Open) individuals, four Level 8 (Open) gymnasts, one Level 9 (Under 16) gymnast and one Level 9 (open) gymnast. Of these 20 gymnasts, four train at SCGC and the remaining 16 at WVGC.

The Championships were again conducted at the AIS Arena and the Team lived in at the AIS accommodation for the duration. This proved to be highly successful as it kept the boys focussed and helped develop a strong Team spirit removing much of the inherent inter-Club rivalry.

A number of the gymnasts at Level 6 (Under 12) and Level 7 (Open) were competing nationally for the first time. They performed well and learnt a lot from the competition with the experience pushing them to do better next year.

After Day 1 of competition, James Bacueti was selected to represent Australia in the Australian Level 8 Open Team in the Trans Tasman Challenge which the Australian Team won on Day 2.

### ACT Junior National Levels Competitions

The ACT also conducted two competitions for the Level 1 – 5 Under Age and Open Age boys at WVGC later in the year. These competitions are divided into two sections, namely Levels 1 – 3 and Levels 4 – 6. At State Titles for Level 1 -3 Team Trophies are awarded at each level the team score is calculated by adding the top 3 scores from each apparatus for having the best top three scores on each apparatus.

The Combined Level 4 – 6 Wade Graham Champion Club Trophy was won by Southern Canberra for having the top team score, calculated from the combined top three scores on each apparatus at each Level where the Age and Open Levels.

### Conclusion

Congratulations to all ACT gymnasts, coaches and officials for an excellent year.

***R B MORTON***

Technical Director

2010

Annual Report 2010



Gymnastics Australia  
Women's Artistic Gymnastics

# Gymsport Reports

## Women's Gymnastics



2010 was a busy year for the WG committee with both ACT events and judging courses keeping us all on the go.

Last year I attended the WG National Levels Workshop in Melbourne. During this 2 day workshop I was able to give input into the new level 1-3, 4-6 & 7-10 programs on behalf of the ACT.

Mary Hewett continued her role as the ACT Judging Coordinator. We have had a number of new judges gain their qualifications and also had some of our qualified judges gain higher qualifications during 2010. Well done to all who attended and a big thankyou to Mary for organising

and running these courses.

Congratulation to Emma Carroll who was named ACT gymnast of the year, Emma was also named team captain for the ACT level 7 – 10 teams competing at the 2010 National Championships held in Perth.

Our level 7-10 girls competed very well at Nationals in Perth in 2010, Elizabeth Grant won silver in the level 8 beam competition, Kirsty Dabrowski gained 4<sup>th</sup> place on bars and Bianka Rose gained 4<sup>th</sup> place on floor. Congratulations to all who competed coached and judged! I would like to also thank the chaperones who attended and took such wonderful care of our gymnasts, a special thanks to Brian Hewett who at very late notice was able to attend as our driver.

2010 saw the ACT send a level 6 team to the Queensland border challenge competition, this event gave the girls a great competition experience. The ACT team of Melanie O'Mara, Alannah Bourandanis, Kirrilly Smith, Lucy White, Shani Edwards and Georgina Matan came 3<sup>rd</sup> in the team event, congratulations to all of the gymnasts on a fantastic effort.

National Clubs was held once again in Canberra in 2010. Dreamlight Active Wear and Amco Gymnastics continued to be our major sponsor. In having these sponsors we were able to give the gymnasts, coaches & clubs some fantastic new experiences.

The ACT clubs competed very well, congratulations to Canberra City who placed 6<sup>th</sup> in the overall Club section of the event.

A big thankyou to the ACT clubs – Woden Valley, Southern Canberra & Canberra City coaches, judges, gymnasts & volunteers for all their hard work.

Finally I would like to take this opportunity to congratulate all of the ACT clubs gymnasts coaches and judges for a great competition year well done everyone.

Carlene Bourandanis  
Technical Director  
2010





Gymnastics Australia  
General Gymnastics

# Annual Report 2010

# Gymsport Reports

## Gymnastics for All



The ACT State 1 – 4 competitions were once again well attended by all ACT clubs over 460 participants compete in the MG/WG/TRP sections of the ACT Grading competition held in September. The event was also supported by Cooma, Yass, Boorowa and Parkes gymnastics clubs.

The state 1 – 4 competitions continue to be the largest ACT events held during the year, the event is open to all abilities and ages. These events show case what general gymnastics is all about, inclusion, fun, achievement and most of all recognition.

The ACT State 5 – 10 women's program had a revamp during 2010, while it was pleasing to see that all of the clubs were involved in this review, the association would like to especially thank the following people for there significant input into the review, Carlene Bourandanis, Mary Hewett and Madeline Reynolds many thanks for your assistance.

Gymnastics ACT was heavily involved in the ACT Schools competition held at Southern Canberra Gymnastics Club in October 2010. ACT judges and staff assisted in the organising of the event by providing judges, score table and competition personnel.

## Cheerleading



2010 saw the continued development of cheerleading in the ACT, while the number of participants continues to grow and the one event held during 2010 was well supported a competition venue that is suitable for both the stunt and dance sections of cheerleading continues to be a challenge.

The cheerleading clubs train at the three fully set up gymnastics centres in the ACT, Canberra City Gymnastics in Belconnen, Southern Canberra Gymnastics in Tuggeranong and Woden Valley Gymnastics in Holder. Without the generosity of these clubs providing a training venue for cheerleading the sport would not be able to develop to its full potential in the ACT.

The cheerleading community continues to investigate the possibility of having a venue that is suitable for all aspects of the sport of cheerleading, it is also looking at the possibility of having the required matting that can be used at alternate venues.



Acrobatic  
Gymnastics

# Annual Report 2010

# Gymsport Reports

## Sports Acrobatics



### Numbers

2010 was the second year for Acrobatic Gymnastics (Acro) in the ACT. Following on from a successful first year, we had 17 athletes compete during the competition season in 2010, which started in July and concluded with National Championships in October in Adelaide. The competition season was very successful with many groups proving to be competitive at the NSW events and at National Championships. This was also a notable year in that the ACT was able to present a men's four, a discipline

which previously had not been seen in NSW for almost 10 years. In all, it was a fantastic year for the ACT's national acrobats.

Numbers in the recreational stream grew to 10 and then tapered off by the end of the year. This was in part due to gymnasts not returning, but also due to the promotion of some into the national stream.

### Courses

There were no coaching or judging courses offered in the ACT for Acro in 2010, though an attempt was made. Problems arose with the coordination of dates for presenters to come down from Sydney.

### Competitions

The National Level Acrobats competed at three competitions in NSW from July through to September of 2010 – two trials and NSW State Championships. At NSW State Championships, Woden Valley had one Level 4 men's group (men's four – MG) who placed 1<sup>st</sup>; a L4 mixed pair (MX2) who placed 2<sup>nd</sup>; a L4 women's pair (W2) who placed 3<sup>rd</sup>; and a L6 mixed pair who placed 2<sup>nd</sup>.

### Australian National Championships

The Acrobatic Gymnastics National Championships was held at the Marion Leisure Centre in Adelaide, SA from the 8<sup>th</sup> – 10<sup>th</sup> of October. The ACT's second representative team was comprised of 17 athletes competing in Levels 4, 5 and 6. Out of seven groups, five were in the top six teams in their respective divisions, with three having podium finishes. The results from Nationals were:

National Champions – L4 MG – Ethan Darrow, Spencer Gravatt\*, Nick Major and Reuben Bokaba (\*Spencer was replaced by a reserve gymnast (who wished to remain anonymous), after breaking his arm)

2<sup>nd</sup> place – L6 MX2 – Molly Taylor and Jack Lord

3<sup>rd</sup> place – L4 MX2 – Rachel Moseley and Lachlan Darrow

5<sup>th</sup> place – L4 W2 – Merryn Moffatt and Hannah Newton

6<sup>th</sup> place – L4 W2 – Lea Renard and Ashley Harveyson





# Annual Report 2010

## Gymsport Reports

### Sports Acrobatics Report Con't

#### **Conclusion**

Congratulations to all ACT gymnasts, coaches and officials for an excellent year. Also, a special thank you must be said to Nicole Vlahovich (for choreography and technical assistance), Hayley Fisher (technical assistance and judging), Lyndal Wright (technical assistance, coaching, makeup and hair), to the NSW acrobatics community for their support and allowing us to participate in their competitions, and to all of the athletes and their families for their support in our second year. It was a fantastic 2010 and puts us in an even better position for 2011.

Quintin Gravatt  
Technical Director  
2010



Gymnastics Australia  
Trampoline Sports

# Gymsport Reports

## Trampoline Sports



### TRAMPOLINING ACT - 2010

During 2010, Canberra Trampoline Sports Club continued to train out of Daramarlan College Gym. Club numbers remained steady at around 45 participants. The competition squad was active with athletes competing in NSW, Victoria and at Nationals. All competing athletes achieved commendable scores putting the club into the top third.

Improved results were attributed to the athletes' dedication to training and the two FIG standard tramps purchased from China.

Woden Valley Club completed extensions and have a new pit tramp and are holding both adult and child classes.

CTSC and Southern Canberra held grading comps during the year for levels 1 – 4. CTSC held a Christmas Cup but due to problems with venues an ACT State Championship was not held. Planning for 2011 is underway.

Kerrin Madden

Technical Director

May 2010

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Report  
2010



# Major Results & Achievements

## ACT Representatives

### Men's Gymnastics

Jordan Read	Matt Molloy	Ewen Lawler
Rhys Cormick	Charlie Pocock	Jacob Briggs
Marc Quantock	Ben Reading-Thompson	Julian Oliver
Zachery Major	Joshua Deacon	Joshua Reis
James Bacueti	Guy Balthazaar	Ben Grant
Liam Priddle	Oliver Turner	William Browne
	Charlie Rogers	Thomas Glover

### Women's Gymnastics

Emma Carroll	Elizabeth Grant	Teaghan Hogg
Tahni Lawler	Kirstie Dabrowski	Claudia Frankham
Bianka Rose	Annalise Moore	Mia Beecher
Kenyah Lawler	Gemma Fallon	Kathryn Finlayson

### Trampoline

Brydon Davidson	Sarah-Jayne Byrne	Djakirri Crafter
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### Sports Acrobatics

Spencer Gravatt	Ashley Harveyson	Ingrid Walter
Ethan Darrow	Lea Renard	Jack Lord
Lachlan Darrow	Seija Gravatt	Nick Major
Merryn Moffatt	Molly Taylor	Hannah Newton
Rachel Moseley	Samantha Trevis	Melissa Renard
	Alessandra Carrera	Reuben Bokaba

## ACT Gymnasts of the Year

**Men's Gymnastics      Jordan Read**

**Women's Gymnastics      Emma Carroll**



Gymnastics  
Australian Capital Territory

# Major Results & Achievements

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## ACT State Champions

### Men's Gymnastics

Jordan Read	Level 9 U/16
James Bacueti	Level 8 Open
Matt Molloy	Level 7 Open
Jordan Reed	Level 6Open
Julian Oliver	Level 6/U12
Connor Tracey-Patte	Level 5 Open
Ryan Hanns	Level 5/U11
Simon Bewick	Level 4/U10
Callum Bowron	Level 4/Open

### Wade Graham Shield Winner – Southern Canberra Gymnastics

### Women's Gymnastics

Emma Carroll	Level 10
Tahni Lawler	Level 8
Gemma Fallon	Level 7
Melanie O'Mara	Level 6
Georgia Evans	Level 5
Georgia Keane	Level 4

### Sports Acrobatics

Ethan Darrow / Spencer Gravatt/ Nick Major/Reuben Bokaba	Level 4 Men's Group
Rachel Moseley / Lachlan Darrow	Level 4 Mixed Pairs
Lea Renard / Ashley Harveyson	Level 4 Women's Pairs
Seija Gravatt/Ingrid Walter/Alessandra Carrera	Level 5 Women's Group
Molly Taylor/Jack Lord	Level 6 Mixed Pairs



Gymnastics  
Australian Capital Territory

# Annual Report 2010

## Major Results & Achievements

### National Championships

#### **MG Level 9 (Under 16)**

Jordan Read - 3<sup>rd</sup> Floor  
- 1<sup>st</sup> Vault

#### **MG Level 9 (Open)**

Rhys Cormick - 3<sup>rd</sup> Rings  
- 3<sup>rd</sup> Vault  
- 1<sup>st</sup> Parallel Bars

#### **MG Level 8 (Open)**

James Bacueti - 1<sup>st</sup> Overall  
- 4<sup>th</sup> Floor  
- 2<sup>nd</sup> Pommel  
- 2<sup>nd</sup> Rings  
- 1<sup>st</sup> Vault  
- 4<sup>th</sup> Parallel Bars  
- 6<sup>th</sup> Horizontal . Bar  
Marc Quantock - 3<sup>rd</sup> Vault

#### **MG Level 7 (Open)**

Joshua Deacon - 1<sup>st</sup> Vault  
Guy Balthazaar - 2<sup>nd</sup> Parallel Bars  
Matt Molloy - 3<sup>rd</sup> Vault

#### **WG Level 8**

Elizabeth Grant - 2<sup>nd</sup> Balance Beam  
Kirstie Dabrowski - 4<sup>th</sup> Uneven Bars  
Bianka Rose - 4<sup>th</sup> Floor



# Office Bearers

## **GACT Management Committee**

**President:** Tony Davidson

**Vice President:** Lesley Dickens

**Committee:**  
Melissa Trace-Patte  
Mary Hewett  
Bob Morton  
TJ Rogers  
Neville Rooney

**Executive Director:** Nadine Weight

**Technical Directors:**  
Men's Gymnastics: Bob Morton  
Women's Gymnastics: Carlene Bourandanis  
Trampoline Sports: Kerrin Madden  
Cheerleading: Michelle Heines  
Sports Acrobatics: Quintin Gravatt

**Club 10 Officer:** Nadine Weight

**Life Members:**  
Chris Timpson  
Jackie Wood  
Les Sharp  
Dahlia Sharp  
Kathleen Graham

**Affiliations:**  
Gymnastic Australia  
ACTSport

**Partners:** Sport & Recreation ACT



Gymnastics  
Australian Capital Territory

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**Financial Statements  
&  
Auditor's Report**



Gymnastics  
Australian Capital Territory

# Annual Report 2010

## Vision

“Gymnastics – more than sport; a foundation for life.”

## Mission

To promote develop and promote continued participation in gymnastics through the provision of quality programs and services.

## Goals

1. Showing strong leadership, innovation and flexibility to create continuous improvement;
2. Communicating openly, ethically and honestly;
3. Valuing diversity and treating people without bias;
4. Recognising achievements;
5. Working co-operatively and effectively with affiliates in the planning and delivery of programs and services;
6. Fostering a common sense of purpose; and
7. Developing our people and our organisational capability.





Gymnastics  
Australian Capital Territory

Annual Report 2010

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